

## **OCTOBER 2023**

Hot Breakfast \$1.90
Danimals Yogurt Meal \$1.90
Cereal Meal \$1.90
Whole Grain Muffin Meal \$1.90

Elementary Schools

|     |                 |                     |                   | Y                      | Whole Grain Marini Mear \$1.50 |
|-----|-----------------|---------------------|-------------------|------------------------|--------------------------------|
|     | Monday          | Tuesday             | Wednesday         | Thursday               | Friday                         |
|     | Cereal 2        | Waffle Sticks 3     | Cereal 4          | Muffins 5              | Cereal 6                       |
|     | Juice           | Juice               | Juice             | Juice                  | Juice                          |
|     | Milk            | Milk                | Milk              | Milk                   | Milk                           |
|     |                 |                     |                   |                        |                                |
| X   | School Closed 9 | Pancakes 10         | Cereal 11         | Colby Cheese Omelet 12 | Cereal 13                      |
|     |                 | Juice               | Juice             | Juice                  | Juice                          |
|     |                 | Milk                | Milk              | Milk                   | Milk                           |
|     |                 |                     |                   |                        |                                |
|     | Cereal 16       | Waffle Sticks 17    | Cereal 18         | Muffins 19             | Cereal 20                      |
|     | Juice           | Juice               | Juice             | Juice                  | Juice                          |
|     | Milk            | Milk                | Milk              | Milk                   | Milk                           |
|     |                 |                     |                   | 1                      | × ,                            |
|     |                 |                     |                   |                        |                                |
|     | Cereal 23       | Pancakes 24         | Cereal 25         | Colby Cheese Omelet 26 | Cereal 27                      |
| 1 / | Juice           | Juice               | Juice             | Juice                  | Juice                          |
| 1   | Milk            | Milk                | Milk              | Milk                   | Milk                           |
|     | Cereal 30       | Weffle Chiefe       |                   |                        |                                |
|     | Cereal 30       | Waffle Sticks Juice | $\langle \rangle$ | 00                     |                                |
|     | Milk            | Milk                | $\times$          | MA                     |                                |

Fresh Fruit Offered Daily

Cereals:
Cheerios, Cinnamon Toast Crunch
and Golden Grahams

Milk Selections: Fat Free and Low-Fat Milk Fat Free Chocolate Milk

