

OCTOBER 2023

Hot Breakfast \$1.90
Danimals Yogurt Meal \$1.90
Cereal Meal \$1.90
Whole Grain Muffin Meal \$1.90

Elementary Schools

				Y	Whole Grain Marini Mear \$1.50
	Monday	Tuesday	Wednesday	Thursday	Friday
	Cereal 2	Waffle Sticks 3	Cereal 4	Muffins 5	Cereal 6
	Juice	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk	Milk
X	School Closed 9	Pancakes 10	Cereal 11	Colby Cheese Omelet 12	Cereal 13
		Juice	Juice	Juice	Juice
		Milk	Milk	Milk	Milk
	Cereal 16	Waffle Sticks 17	Cereal 18	Muffins 19	Cereal 20
	Juice	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk	Milk
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	Cereal 23	Pancakes 24	Cereal 25	Colby Cheese Omelet 26	Cereal 27
1 /	Juice	Juice	Juice	Juice	Juice
1	Milk	Milk	Milk	Milk	Milk
	Cereal 30	Weffle Chiefe			
	Cereal 30	Waffle Sticks Juice	$\langle \rangle$	00	
	Milk	Milk	\times	MA	

Fresh Fruit Offered Daily

Cereals:
Cheerios, Cinnamon Toast Crunch
and Golden Grahams

Milk Selections: Fat Free and Low-Fat Milk Fat Free Chocolate Milk

